



Suddenly Single

This seminar is designed to help women cope with the life changes that occur due to divorce and widowhood. Presented by both a certified financial advisor and psychologist we will discuss:

- How to make a financial plan for your current situation and plan for your future.
- Accepting your new life circumstances.
- Understanding how all areas of your life may be affected.
- Understanding mental health issues that may develop.
- Dealing with guilt/sense of failure
- How to consider dating again
- Making a plan for your new life

When: Please contact regarding current date and time

Where: Lepage Associates Solution-Based Psychological & Psychiatric Services
5842 Fayetteville Road, Suite 106, Durham, NC 27713

To Register: Contact 919-572-0000 or officemanager@lepageassociates.com

Space is limited so register now to reserve a spot!

www.lepageassociates.com