

# CROSSROADS OF PARENTING & DIVORCE™

## 5 STEPS TO PREVENT DIVORCE ABUSE



Divorce may be the most significant event in your child's life. However, it's not the event of divorce itself that has the greatest impact on your child; it's the way in which you choose to respond to divorce. What you do during and after divorce will make the difference between your child thriving and your child bearing the scars of divorce for years to come.



*Crossroads of Parenting & Divorce* is a five-step seminar designed to prevent divorce abuse—a specific type of emotional abuse that divorcing parents inflict when, in their anger and bitterness, they lose sight of their child's needs.

The *Crossroads* seminar employs video, discussion, small group interaction, skill practice, and other proven techniques to provide guidance for a successful journey through divorce for both you and your child. It will help you become aware of how your actions may inadvertently harm your child while providing you with the skills to maintain a child-focused relationship with your co-parent and minimize poor choices amidst conflict and loss.

*Crossroads*: Your child needs this from you now more than ever—and you do, too.



You will learn 5 prevention steps:

- Step 1.** Keep your child out of the middle.
- Step 2.** Allow your child to love both parents.
- Step 3.** Work on your own recovery.
- Step 4.** Develop new communication skills.
- Step 5.** Create a new relationship as co-parents.



Sign up for the next *Crossroads of Parenting & Divorce* seminar!

## SIGN UP NOW!

Triangle classes in Raleigh, Durham and Chapel Hill. 4-hour class held monthly on Saturdays and weekdays for \$125.00 (schedule varies).

(Durham also teaches material in 1-1 sessions versus class if desired.)

Taught by local experts, each with 25+ years of experience:

BONNIE FERRELL, Parent Coordinator (PC)/Parent Educator

DR. TINA LEPAGE, Clinical Psychologist/PC/Child & Family Specialist

DONNA MOORE, LCSW/Divorce Recovery Specialist/PC

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