



COPING WITH DIVORCE GROUP FOR PRE-TEENS
Supportive Therapy Group
DIVORCE IS DIFFICULT. WE CAN HELP.

- Our coping with divorce groups offer emotional support to children dealing with the initial transition of separation and divorce and to children coping with on-going issues, concerns and challenges related to growing up with divorced parents.
- A safe, empathetic, and caring place for children to discuss their fears and concerns, and develop and maintain a positive vision for their life after the marital relationship ends. (Children are sometimes hesitant to share their true thoughts and feelings with parents, family members, or friends regarding the issue of divorce.)
- The children will get support and help on problems currently occurring, and learn to be proactive and plan ahead for the common problems seen during and after divorce.
- Group leaders are specialists in separation and divorce and can help the children develop coping skills to protect them emotionally during the divorce process and beyond. (Great skill development for coping with all of life's challenges, not just divorce!)
- Research has shown support from others is a strong factor in how well children handle times of high stress and emotional upset. Friends and family can also be a wonderful means of support, but due to their own emotional connection to the children, couple, and the process, such non-neutral people are at times unable to offer neutral, unbiased support.

Dates: Will run for 8 weeks, weekly sessions beginning in March, time and day to be determined by group member needs, in conjunction with Co-parenting Seminar

Where: Lepage Associates, 5842 Fayetteville Road, Suite 106, Durham.
(Convenient for the entire Triangle just ½ mile off I-40 near Southpoint Mall.)

Cost: \$90 per week (most insurance providers will reimburse some % of the fee; we can help you file your insurance for reimbursement). \$90 deposit required to reserve a spot. Credit cards accepted (VISA, MasterCard, and Discover).

To Register: Download a registration form from our website; Call 572-0000; or email officemanager@lepageassociates.com

Space is limited so register now to reserve a spot!

www.lepageassociates.com